

MENU FOR THE WEEK 1						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Maggi	Chocos with Milk	Murmura Chiwada	Upma	Bread Jam	Biscuits
LUNCH	Spinach Rice + Dal Phulka	Chole Khichadi+ Kadi Phulka	Lady Finger Rice + Amti Phulka	Matki sprout Pulav Phulka	Bottle Gourd Rice + Dal Phulka	Potato Khichadi Phulka
SALAD	Cucumber	Carrot	Boondi Raita	Beetroot	Matki Chat	Mixed Salad
MILK	MILK	MILK	MILK	MILK	MILK	MILK
SNACKS	Cabbage Paratha	Sheera	Dhokla	Pohe	Tomato Omlet	Jam Chapati

MENU FOR THE WEEK 2						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Sheera	Chocos with Milk	Vermicilli Upma	Cake	Khakara	Rajgira Laddu
LUNCH	Tondli Rice+ Dal Phulka	Rajma Rice+Dal Phulka	Cabbage Rice + Amti Phulka	Chavali Pudina Rice Phulka	Turai Rice + Dal Phulka	Potato Paratha Khichadi
SALAD	Cucumber Kochambir	Tomato	Carrot	Tomato + Onion	Beetroot Khochambir	Mixed Salad
MILK	MILK	MILK	MILK	MILK	MILK	MILK
SNACKS	Sabudana Khichadi	Methi Paratha	Bread Chiwada	<u>Daliya</u>	Pumpkin Puri	Pohe

### MENU FOR THE WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Dry	Chocos	Poha	Tomato	Cake	Bakarwadi
	Bhel	with Milk		Omlet		
LUNCH	Cauliflower	White Peas	Brinjal	Green Moong	Capsicum	Tomato
	Rice+ Dal	Kadi+Khichadi	Rice+Amsti	Tondli Rice	Rice + Dal	Khichadi
	Phulka	Phulka	Phulka	Phulka	Phulka	Phulka
SALAD	Carrot	Cabbage	Boondi Raita	Beetroot	Green Moong	Mixed
					Chat	Salad
MILK	MILK	MILK	MILK	MILK	MILK	MILK
SNACKS	Vermicilli	Spinach	Bread	Maggi	Idli	Dosa
	Upma	Paratha	Butter		Chutney	Jam

### MENU FOR THE WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Bread	Chocos	Cake	Poha	Rajgira	Khakara
	Chiwada	with Milk		Chiwada	Laddoo	
LUNCH	Beans	Masoor	Cabbage	Green Peas	Onion+Potato	Pumpkin
	Pulav	Rice + Amsti	Rice+Dal	Khichadi+ Kadi	Rice + Soup	Khichadi
	Phulka	Phulka	Phulka	Phulka	Phulka	Phulka
SALAD	Beetroot	Potato Chat	Cucumber	Carrot	Tomato+	Mixed
					Onion	Salad
MILK	MILK	MILK	MILK	MILK	MILK	MILK
SNACKS	Macaroni	Beetroot	Bread	Upma	Thalipeeth	Chappati
		Paratha	Chutney			Chiwada

**MENU FOR THE WEEK 5**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Dry Bhel	Chocos with Milk	Upma	Khakara	Cake	Dosa
LUNCH	Lady Finger Rice + Amti Phulka	Chole Rice+Dal Phulka	Gavar Khichadi+ Kadi Phulka	Pav Bhaji Tomato Rice	Aloo Methi Rice+Dal Phulka	Tomato Khichadi Phulka
SALAD	Kochambir	Beetroot	Boondi Raita	Cucumber	Tomato+ Onion	Mixed Salad
MILK	MILK	MILK	MILK	MILK	MILK	MILK
SNACKS	Cutlet	Potato Paratha	Misal Bread	Poha	Uttappa	Maggi